



**Narrabeen
Football Club**

Boondah News



Weekly Newsletter

Issue 21 - 22 August 2009

President's Report

Hi all. Running a bit late this week due to some computer problems, so I'll keep it brief. Firstly, although I'm blaming the computer this week it's not always at fault - just me. I'd like to make it clear that the sometimes late delivery of the newsletter is not the fault of our wonderful editor, Zaida Gudenus, and all complaints should be directed to me. Thanks Zaida for chasing me up and getting the news and results out each week!

Our W12/2 & W-AL4 teams progressed to finals after wins over Avalon and Mosman last Sunday. The Narrabeen W18/2s were unlucky to go down 1-0 to Curl Curl and the W11/1 team by two goals to Pittwater, but a great effort to get so many teams into finals this year. The experience should see us in even better shape in 2010. Ladies finals take place at Cromer this Sunday, with our teams playing on Cromer 4 at 8:30 and 11:15 - GOOD LUCK GIRLS!

If anyone has a spare hour or two on Sunday morning, Narrabeen has been rostered to assist with car parking and canteen duties at Cromer Park for the Ladies Finals, between 11:30 and 1:30. Please contact Wendy: secretary@narrabeenfc.com.au if you can help out. Other clubs are rostered on for the Junior and Mens finals next weekend so we won't need to provide helpers then - but if any assistance this weekend would be appreciated.

Junior semi-finals are being played across the peninsula on Saturday (tomorrow), with finals down at Cromer Park the following weekend. We have a number of teams represented, so good luck to the 10/2, 11/1, 11/4, 12/2, 13/3, 14/3 and 16/2 teams in their games. Our senior teams play in the afternoon - U21, AL3, AL5, AL5R, AL6, AL8 & O35/3 - great representation from Narrabeen! Note the unusual kick-off times, half an hour earlier than at 12:30 and 2:30.

With the season coming to a close there are things like gear return to think about. Our Gear Stewards will be opening up the canteen at Boondah between 10:00 and midday on Saturday 5th September, so please get all your team shirts together and return them clean on that date, ready for next season. And if you haven't had enough football for the year, keep an eye out for more training and fitness courses run by Sporting Fit Australia - www.sportingfit.com.au - who recently ran some school holiday courses for us down at Boondah.

Have a great weekend and all the best to all our teams.

Chris Farguharson
NFC President

News Items

Narrabeen FC Presentation Day 2009 Saturday September 12, 2009 Ted Blackwood Hall, Boondah

Sub Juniors U6 to U9 – 3pm to 4.30pm
Juniors U10 – U18 4.30pm to 5.45pm



An invitation is extended to all players and their families to attend the Presentation Day for Narrabeen Football Club. Come and celebrate the end of the 2009 Football season.

This year special individual trophies per team will be awarded on the day. For your child to be eligible for these new awards, you must attend the Presentation Day.

For those wishing to fill committee roles in 2010 or are interested in sharing/learning about these positions, the Annual General meeting will be held on Monday the 14th September at Narrabeen RSL, 7pm. Please consider helping out your club and supporting the local community. The club can only run again next year if we get volunteers.

Please let your manager know by Thursday 3rd September if you are able/unable to attend.

Please submit your Match reports (max 100 words) by email to boondahnews@narrabeenfc.com.au by MONDAY 8pm at the latest, or if HAND WRITTEN deliver to the Canteen mailbox where they will be collected at 5.30pm each Saturday.

Premier League

PL v CC Strikers *Lost 1-3*

PL Reserve v CC Strikers *Lost 0-5*

Sub Juniors

Under 6

Rockets v Avalon Ninjas

A clear aggregate win to our youngsters with top performances from Liam with a handful of goals, a David Beckham special from our own half from Daniel. Cooper and Nathan tried so hard for goals with out luck. Callum was a standout with a goal and Max H. also scored. Well played Jazz who got our Best on the day award. With our last game approaching it is very rewarding to see how much our kids have improved and enjoyed the season showing with such high attendance rates at training and through the whole year. Well done all.

Stars v Avalon Scorpions

The Stars played really well today. Milo scored our first goal. Well done! Shea scored our second goal. Well done Shea. Tristan, Oscar and Hugh almost kicked goals. Everyone chased and traced the ball and the team's defence was greatly improved. Well done team.

Under 8

Hawks v CC Strikers *Lost 0-2*

Great game - Can't believe it's the 2nd last game already. - Hawks are starting to play as a team, calling to each other throughout the play - POW to Adam and encouragement award to Lauren

Under 9

Lions v Manly Allambie Red Devils
Lost 1-2

A fantastic morning to play the final game of the season. Where was Gary, just spot the fluro whistle! The Lions were on fire, with Vaughan running the length of the field in the 1st half to score the 1st goal. Jake had a smashing game narrowly missing scoring from a penalty kick. Luke working hard in defence with a mindnumbing header. James was rapidly running the ball downfield. Tom proved popular in goals with some awesome saves. Lilly and Max displayed some fancy footwork. Ryan rifled the opposition and Matthew consistently cleared the ball. Dale displayed some brilliant defensive moves. The Devils kept up the attack and what proved to be one of

the closest games of the season to take only two goals in the second half. The sideline supporters including Madison who was not well, cheerfully cheered on our proud Lions for an end to an enjoyable season, WELL PLAYED LIONS!

Juniors

Under 10

U10/2 v Manly Vale *Won 2-1*

Another magnificent performance from the whole team. Everyone kept to the plan set by Stuart and Ian and it paid off. Nick kept his cool under some enormous pressure in the goals - and Ryan stuck to his man like glue. We have made it through to the semi-finals. Well done to everyone - we are so proud of you. Brendan (1) Ellis (1)

U10/3 v ???

U10/4 v Curl Curl *Lost 0-4*

Under 11

U11/1 v Beacon Hill *Won 2-1*

U11/5 v Seaforth *Drew 3-3*

An exciting game where all of the players shone for the final game of the season. Despite the fancy footwork and strong defence of Zac W and Nick, as well as several saves by Jason the opposition managed to score a goal early in the first half. Shaelyn, Jack and Angelique were spectacular in attack & we were about to make it up, Hugo kicked for goal and we thought we were there, but were thwarted by the opposition's counterdefence. A controversial umpiring decision allowing a goal to Seaforth left supercoach Paul bemused at the end of the first half with the score at Seaforth 2 Narrabeen 0. Words of encouragement girded the loins of our young athletes and put fire and determination in the blood! They weren't going to get away with this!! Angelique sprinted half the field to get the ball down our end, allowing some fantastic passing between Jack & Kamran for our first goal. Romy wasn't letting that ball go anywhere down Seaforth's end and backed up by Angus and Zac S they got the ball to Tobin who scored in spectacular fashion. Jason decided that the penalty for being wacked in the face had to be one more winning goal, snatching the ball from the opposition and arcing it into the net. The nail biting wasn't over and despite some great saves by Daniel the opposition managed to get one more goal in the final minutes winding up the season with an exhausted and exhilarated Narrabeen team.

U11/4 v Avalon *Won 1-0*

Under 12

U12/2 v Harbord Seaside *Won 2-1*

U12/3 v Curl Curl *C Forfeit*

Under 13

U13/3 v ???

Under 14

U14/3 v Manly Vale *Won 3-2*

Under 16

U16/2 v Wakehurst *Lost 1-2*

We have three strong players, the captain, Blake at the back, Milos in midfield and Matt up front. They are by far our best players. The rest of the team can either, play off these players, support, run for them, call to them, tackle for them and make their presence feltor wait for the ball to come to them, complain about being pushed, kicked and muscled off the ball. They can turn their back on the ball, "do a tortoise" when it comes to heading, be tired when it comes to running, it hurts when they have to tackle. These three players will win the final if they have the other eleven out there fighting for them. Get through the semis and you can beat Wakehurst. Good luck!

U16/3 v St Augustines *Lost 2-5*

Ladies

W11/1 v Pittwater *Lost 0-2*

W12/2 v Avalon *Won 1-0*

W16/2 v ???

W18/2 v Curl Curl *Lost 0-1*

This was the Knockout Competition playoff game. As a result of the table competition the Narrabeen girls had come in 4th place, so the game against Curl Curl was always going to be tough as Curl Curl came in 1st position. Larry, coach and the girls were looking forward to the game, as the 2 previous encounters against Curl Curl the results were Nil All Draws. The game was a see sawing event with opportunities from both teams to score. However the commitment from both teams defence and goalies, resulted in no score at the conclusion of the game. The girls had to overcome their exhaustion to an extra 2 - 10min halves, until a golden goal was scored. For the first 10 mins Curl Curl chased everything, however Narrabeen's defence held on. In the 2 half of extra time,

Narrabeen strike force came into their own, but again Curl Curl defence held strong. Then with 5 mins remaining a high long range shot from Curl Curl resulted in golden goal. The Narrabeen team members are Natasha Boyle, Monique Drysdale, Ebony Dunstone, Johanna Fox, Rachael Fox, Kaitlyn Gibson, Shannon Gollidge, Bethany Hall, Rebecca Macnaughton, Sophie Mayeux, Allannah Walker, Natalie Walsh, Melinda Walsh and Melina Wherry. Coach Larry Duke and assistant coach Ryan Duke. Well done to the girls and the coaching staff.

WAL 4 v Mosman Won 2-1

WAL 6 v ???

Seniors

Under 21

U21/1 v Wakehurst Lost 1-3

Adults

AL2 v Manly Allambie Won 1-0

AL2R v Manly Allambie Won 2-0

AL3 v Harbord Seaside Drew 3-3

AL3R v Harbord Seaside Won 8-1

AL5 v Curl Curl Won 7-0

AL5R v Curl Curl Won 2-0

AL6 v Harbord Seaside Won 5-1

AL8 v Mosman Won 5-0

O35/3 v Pittwater RSL Lost 2-6

O35/5 v Curl Curl Los 4-0

Ladies Finals

23rd August 2009

W12/2 v Wakehurst 8.30am Cromer 4

WAL4 v Curl Curl 11.15am Cromer 4

Junior Semi-Finals

22nd August 2009

U10/2 v Manly Vale 10.30am Millers 3

U11/1 v Wakehurst 10.30am Careel Bay

U11/4 v Wakehurst 10.30am Dee Why 1

U12/2 v St Augustines 8.30am Boondah 2

U13/3 v BTH Raiders 8.30am Lionel Watts 2

U14/3 v St Augustines 10.30am St Matthews 3

U16/2 v St Augustines 8.30am Nolans 5

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